

Wolf Pack WARRIOR



Vol. 20, No. 9

8th Fighter Wing, Kunsan Air Base, Republic of Korea

March 25, 2005

NEWS BRIEFS

Kunsan City Off Limits

An anti-U.S. protest is scheduled to run from 2 p.m. to 5 p.m. Saturday in downtown Kunsan City near the old city hall and Lee Bakery. Base personnel are prohibited from entering this area, which includes Valentines, Cowboy Bar, Wa Bar and the A-Club, from 1 p.m. to 6 p.m. As a reminder, people stationed at Kunsan are required to leave any area where crowds are gathering for protest regardless if the area was officially placed off limits.

Head Coach Wanted

The Wolf Pack Fitness Center is currently accepting resumes for a head coaching position for the women's varsity softball team. Airmen interested in applying should submit a standard letter format resume stating past experience. Coaching responsibilities include but are not limited to conducting tryouts, coordinating practice times with the varsity director, maintaining player conduct at home and away games, updating team rosters, coordinating transportation for away games, and coordinating all fundraisers for the team. Applications are due today. To submit an application, call Staff Sgt. Farrel Blake at 782-4026.

Passenger Terminal Moves

The Osan Air Base passenger terminal has relocated to the old base exchange on Songtan Boulevard. For more information about flights and Air Mobility Command services, call 784-1854. For questions on the relocation, call the 51st Fighter Wing Public Affairs Office at DSN 784-4044.

Interrogators Needed

Airmen from any Air Force specialty code can volunteer to become an interrogator in support of Task Force 134 in Iraq. More than 95 Airmen are needed from functional expertises and 45 from non-specific AFSCs. Only Airmen with top secret security clearances are eligible to volunteer for this duty. Once the screening and hiring process has been finalized, Air Force Personnel Center will post AFSC generic Equal Plus ads online to solicit volunteers. If not enough volunteers apply, a non-volunteer process using short tour selection criteria will be implemented.



Photo by Senior Airman Katrina Shellman

WOLF PACK TUG

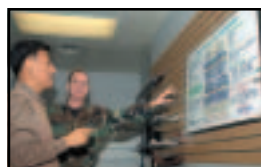
Senior Airman Sean Walko, 8th Communications Squadron, and other members of his squadron pull their way into the winner's circle during the Wolf Pack Sports Day March 18. Airmen spent the day participating in various events, including bowling, dodgeball, basketball, rockclimbing and weight lifting. See Page 7 for more Sports Day events.

In this week's issue ...



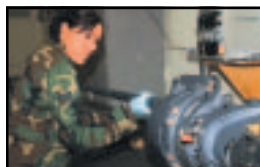
General visits maintenance Airmen

See Page 3



Staff sergeant survives adversity







See Page 5



Wolf Pack Women recognized

See Page 7

Wolf Weather 6-day Forecast

Saturday  Hi/Low 52/35 Partly Cloudy	Sunday  Hi/Low 51/38 Rain Showers	Monday  Hi/Low 51/37 Mostly Sunny
Tuesday  Hi/Low 49/36 Mostly Sunny	Wednesday  Hi/Low 52/36 Mostly Sunny	Thursday  Hi/Low 54/39 Mostly Sunny



LISTEN

Wolf Pack Radio
88.5 FM
WEEKDAYS — 5 TO 9 A.M., AND 3 TO 6 P.M.
REQUEST SONGS AT 782-4373 OR WWW.AFNKOREA.COM

LISTEN

To your leadership
EACH FRIDAY
FROM 8 TO 9 A.M., ON 88.5 FM

Sortie Goals
year to date

Unit	Goal	Flown	+/-
35th FS	1986	2020	+34
80th FS	1882	1842	-40

monthly

Unit	Goal	Flown	+/-
35th FS	304	316	+12
80th FS	309	287	-22

Current as of Wednesday

ACTION LINE

782-2004

action.line@kunsan.af.mil



Col. William W. Uhle Jr.
Commander, 8th Fighter Wing

The Action Line is your direct line to me. Use it if you have concerns or suggestions about the Wolf Pack that can't be resolved through the agency involved or your chain of command. When you call, please leave your name, a phone number and a brief description of your problem or concern. You can also send an e-mail to 8 FW/CC Action Line.

AAFES Customer Service.....	782-4426
Area Defense Council.....	782-4848
Base Exchange.....	782-4520
Chapel.....	782-4300
CES Customer Service.....	782-5318
Commissary manager.....	782-4144
Civ. Personnel Office.....	782-4570
Education Office.....	782-5148
Dining Hall.....	782-5160
Fitness Center.....	782-4026
Golf Course.....	782-5435
Housing Office.....	782-4088
Inspector General.....	782-4850
IDEA Office.....	782-4020
Law Enforcement Desk.....	782-4944
Legal Assistance.....	782-4283
Military Equal Opportunity.....	782-4055
Military Pay.....	782-5574
Military Personnel Flight.....	782-5276
Medical Patient Advocate.....	782-4014
Network Control Center.....	782-2666
OSI.....	782-4522
Public Affairs.....	782-4705
Telephone Repair.....	119

Airman learns about struggles of former female service members

By Airman 1st Class Juanika Glover
8th Fighter Wing Public Affairs

Eight months ago, I was a busy California girl preparing myself to make the long journey to Korea. I spent a lot of time at the post office shipping boxes full of things I couldn't bring with me on the plane. During one of my post office trips, I noticed an elderly woman standing in line smiling at me.

Eventually, she walked up to me and said, "As tiny as you are, they never would have let you in the Air Force back in my day. But I'm glad to see things have improved. Thank you for serving."

I asked if she was in the Air Force once. She was but said the military was a lot different when she was on active duty. She told me about how hard it was for women when she first joined.

She never had any female military leaders to look up to because they were among the first. It was up her and her fellow female counterparts to set the stage for future generations.

"It was definitely a man's world," she said. "The traditional jobs for women then were as nurses, but I wanted to be a pilot.

Then after I was married and became pregnant, I had

to get out. I was very disappointed."

I thought about everything she said and how lucky I was for having someone like her and the women she served with to go through what they did to serve their country.

The woman at the post office spoke of her time in the service with great pride and such a sense of accomplishment. I listened and thought of all the other women who have paved the way for so many female military members. They broke down barriers and only saw the sky as their limit.

Although my new-found friend was unable to become a pilot, there were women who came after her time who were.

Today, Air Force women make up 20 percent of the force and they hold various positions from pilots and doctors to crew chiefs and security forces.

Because of their struggles, I know there aren't many barriers I have to get through because of my gender. They did all the work, and I am more than grateful to those Air Force women who came so many years before me.

As for the lady in the post office — a former Army Air Corp nurse — I thanked her instead. Her gift to me was just being there, opening the doors and serving the country she loved in the only way she could.

Wingmen at home not forgotten

By Tech. Sgt. Scott Sturkol
416th Air Expeditionary Group
Public Affairs

KARSHI-KHANABAD
Air Base, Uzbekistan —

In an Air Force Policy Letter in November 2004, Air Force Chief of Staff Gen. John Jumper asked all Airmen, "Who's your wingman?"

In a deployed environment, the importance of a wingman is critical, especially when it means helping take care of your fellow Airmen and others around you.

While deployed, I have my command chief, my commander, the chaplains and many more people here as my wingmen. But at home, there are many important wingmen we should never forget.

When I refer to wingmen at home, I am talking about those who help us get through our everyday life. For me it's family, friends, co-workers, leaders and others I am surrounded by in my life.

My top wingman is my wife. No one can imagine or measure the strength of this person in my heart and soul.

"I know where I am and what I do cannot be done as successfully without the support from home from those wingmen."

—Tech Sgt. Scott Sturkol
416th Air Expeditionary Group

She has been my wingman for nearly 13 years now, and it's during deployments like the one I am on right now where I truly realize her strength as a wingman.

She is not only in charge of the home front while I'm gone, she also lifts my spirits every time I talk to her and think of her while I'm on the other side of the world.

A loved one always can do that for people like me. I also know many of the people I am deployed with have the same sentiment about their own wingmen at home.

The wingmen at home don't just have to be our spouses. They also can be significant others, a parent, a child, a good friend or a co-worker.

There are people who are always there to listen or help us learn. That is the beauty of having wingmen in your life.

My life in the military has had its ups and downs. No career is ever perfect. But having your wingmen around you really helps you through the tight spots.

I know, for instance, when I leave my home base and come on a deployment, I leave a vacancy people in my office must fill.

My fellow Airmen who fill that void during my absence never let me know they had to work extra hours to fill that gap.

On top of that, my fellow Airmen take extra time to call my family, give them help if they need it, and even give help when they don't ask for it. They just give it. That is good wingmanship!

I know how it works at home. Many times, when my fellow Airmen were deployed and I wasn't, I knew I had to step up and do everything I could to support them.

A shoveled driveway or

a mowed lawn for someone whose servicemember is gone means a lot.

The wingmanship on the home front is something I have tried to teach to all of my children, and grandchildren for that matter.

All my daughters and my son, my two granddaughters and those in my close family circle know how important it is to take care of each other and of those who aren't in our family.

If someone needs help, you give it. You become a good wingman for your efforts. My children understand that, and I am so proud of them for it.

I still have a bit of time left on this deployment, and I know my work here is important. Every day, whether they know it or not, my wingmen at home are thought of and appreciated. I know where I am and what I do cannot be done as successfully without the support from home from those wingmen.

Those of you who are not deployed shouldn't think you aren't in the fight because you are. We cannot, and will not, forget our wingmen at home.



Wolf Pack
Warrior

Vol. 20, No.9

Defend the base
Accept follow-on forces
Take the fight North

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Content

The editorial content is edited, prepared and provided by the 8th Fighter Wing Public Affairs Office of Kunsan Air Base, Republic of Korea. All photographs are Air Force photographs unless otherwise indicated.

Submissions

Deadline for submissions to the Wolf Pack Warrior is noon Thursdays for the next week's edition. Submission does not

guarantee publication. The staff reserves the right to edit all submissions to conform to Air Force journalism standards, local style and available publication space. Submissions should be e-mailed to WolfPack@kunsan.af.mil and include the author's name, rank and duty phone. Fax and typewritten submissions are also accepted.

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Wolf Pack takes part in Foal Eagle

Week-long exercise offers opportunity for training, upgrades

By Staff Sgt. Kurt Arkenberg
8th Fighter Wing Public Affairs

Members of the Wolf Pack joined their sister services and the Republic of Korea Air Force to take part in Foal Eagle '05, an annual, joint-combined exercise used to test the two country's ability to coordinate the defense of South Korea against a hypothetical enemy.

The week-long exercise, which ran from Saturday through today, included direct interaction from members of the 8th Operations and Maintenance groups. The base units joined other Air Force units, the Navy, Marines and Army, including more than 300 troops based out of Camp Humphries who flew Apache helicopters out of Kunsan.

According to Col. William Becker, 8th Fighter Wing vice commander,

one of the major benefits is the opportunity to do more 'big picture' training and to recognize how each 'spoke' fits in the wheel.

"Foal Eagle gives everyone a chance to execute large package training operations and large force employments," said Wolf II.

"In addition, each branch involved gets the opportunity to take the role of overall mission commander and plans the strike package overview while supporting agencies are free to implement their own strategies to fit into the overall strike."

This mission commander practice allowed the wing to upgrade a much greater number of pilots than any other time throughout the year.

"On a smaller scale, (Foal Eagle) lets us upgrade around eight of our more experienced pilots to mission

"Anytime we have the opportunity to train like we fight, it enhances our ability to defend the ROK."

—Col. William Becker
8th Fighter Wing vice commander

commanders," said Capt. Marc Garceau, 8th Operations Group Standardization and Evaluations chief. "To put it in perspective, we typically upgrade one pilot each month the rest of the year."

These upgrades couldn't be done without getting the birds in the sky, and that couldn't be done without the Wolf Pack's maintainers. Kunsan flew nearly 100 sorties during the exercise and the 8th Maintenance Group was behind each of them.

"Our maintainers did a great job and we couldn't have had the success without them," said Colonel Becker. "No surprise though, it's just day-to-day ops for them to excel."

"It might have felt like one of our many exercises but with Foal Eagle (the maintainers) were able to focus on their primary job of turning aircraft instead of dealing with (ability to survive and operate injects)," added Captain Garceau.

Wolf II deemed the exercise a success for Kunsan and its partners saying, "Anytime we have the opportunity to train like we fight, it enhances our ability to defend the ROK."

Legislators bolster basic military pay

By Gerry Gilmore
American Forces Press Service

WASHINGTON — Since the Sept. 11 attacks three years ago, Defense Department leaders and U.S. legislators have worked together to increase servicemembers' basic pay by more than 21 percent, a senior DOD official told House Armed Services Committee members March 16.

DOD officials remain committed "to taking care of servicemembers and their families through appropriate compensation while members are deployed and serving their country in dangerous locations around the world," said Charles Abell, principal deputy undersecretary of defense for personnel and readiness, before the military personnel subcommittee.

U.S. troops, including those stationed at Kunsan, are slated for a 3.1 percent across-the-board pay raise this coming year, Mr. Abell said. Additionally, the department met its goal of eliminating troops' average out-of-pocket housing costs by 2005. In fact, military housing allowances are 41 percent greater than they were in 2001, he said.

Troops serving in dangerous overseas locations receive various types of tax relief, depending upon rank and income, as well as additional compensation in view of their contributions in fighting and sustaining America's fight against terrorism, Mr. Abell said.

For example, eligible enlisted troops deployed to combat zones have their military pay exempted from federal income tax, he said.

Besides their regular pay, these troops also receive \$225 monthly in imminent danger pay and a \$250 monthly family separation allowance.

Mr. Abell said troops deployed to overseas combat zones also receive hardship duty pay of \$100 a month and a \$105 monthly incidental expense allowance.

An accumulation of such added compensation typically amounts to more than \$700 a month for married servicemembers and more than \$500 for the typical single troop during deployment, he said.

"These pays and allowances acknowledge the hardship and danger involved at these deployment locations, as well as the sacrifice associated with tours away from family," Mr. Abell said.

He said troops who volunteer to extend their overseas tours of duty in combat zones like Afghanistan and Iraq can also receive an additional \$1,000 monthly in assignment incentive pay.

DOD officials also want to work with Congress, Mr. Abell said, to increase servicemembers' hardship duty pay. The department is seeking to keep its special operations troops in uniform through an array of incentive packages, he said.

For example, officials "are offering bonuses of up to \$150,000 for highly skilled senior noncommissioned officers to serve an additional six years," Mr. Abell said.



GENERAL VISIT

Maj. Gen. Michael Collings, Warner-Robins Air Logistics Center commander, greets Airmen during his visit Saturday. The general visited Kunsan to discuss maintenance issues with officials in the wing's aircraft maintenance squadrons.

Wolf Pack,

Please be on the alert for the following scam. Currently, an official looking e-mail is floating around and even being delivered to .mil addresses advising individuals to log on to a fake Bank of America website and verify their personal data. Bank of America has verified this e-mail is phony and emphasized that they would never request information from their members in this fashion. If Bank of America was to request information, they would call or send a letter.

Remember to stay vigilant and keep cognizant of the dangers associated with giving out personal information through the Internet, especially unsolicited requests.

— Wolf

SRB list drops to 32 specialties

WASHINGTON — Air Force officials made significant changes to the selective re-enlistment bonus program as a result of continuing force-shaping efforts. Based on the findings of a review in October, officials published the latest list, which contains 32 Air Force specialties, down from 62. The new list took effect Thursday. However, decreased and deleted bonuses will take effect April 23. “We updated the SRB list to match our current force-shaping objectives and fiscal limits,” said Senior Master

Sgt. Patrick Lavender, Air Force superintendent of accessions and retention bonus programs. “The SRB program is one of many tools the Air Force uses to balance the enlisted force. Recalibration of the program allows us to use the SRB as a surgically precise retention tool.” All enlisted career fields were reviewed, including those with special duty and reporting identifiers. The criteria used for determining which enlisted fields remained on the list included current and projected

manning levels, re-enlistment trends, career field force structure changes, and career field stress levels, officials said. Bonuses are authorized by half-point increments (or multiples) in three re-enlistment zones for Airmen with 17 months to 14 years of service. The new list is available found at www.afpc.randolph.af.mil/enlskills/Reenlistments/reenlistments.htm. For more information call, the Kunsan reenlistments office at 782-5283.

AFSCs authorized SRBs

1A0X1	1N3X4	2A3X1	2E2X1
1A1X1X	1N3X5X	2A3X2	2E6X3
1A2X1	1N3X6X	2A3X3	2F0X1
1A3X1	1N3X7X	2A6X1	2G0X1
1A4X1X	1N3X8X	2A6X3	2T2X1
1A5X1	1N3X9X	2A6X4	2T3X2X
1A7X1	1N4X1	2A7X1	3E7X1
1A8X1X	1N5X1	2A7X2	3E8X1
1C1X1	1N6X1	2A7X3	3E9X1
1C2X1	1T0X1	2A7X4	3N0X2
1C4X1	1T2X1	2E1X1	3P0X1
1C5X1	1W0X1	2E1X2	5J0X1
1N0X1	2A0X1	2E1X3	6C0X1
1N1X1			7S0X1
1N3X2			9L0X0
1N3X3			9S1X0

NOTE: Specifics regarding these AFSC and which shreds are affected are listed at www.afpc.randolph.af.mil/enlskills/Reenlistments/MAR05%20SRB%20List.xls

PRIDE OF THE PACK

Unit: 8th Communications Squadron
Duties: Oversees commander's support staff personnel program
Hometown: Galt, Calif.
Follow-on: McChord Air Force Base, Wash.
Hobbies: Going to the gym, hiking, reading and shopping
Favorite music: Alternative rock and country
Last good movie: “The Notebook”
Best thing you've done here: “Taking the Dae Dun Mountain hiking trip. We went off trail so it was difficult, but we got through it.”



Senior Airman Margarita Cervantes

“Senior Airman Margarita Cervantes has proven herself as responsible and mature above her peers. She single handedly processed personnel actions affecting 200 unit personnel. This dynamic hard-charger is the backbone of the 8th Communications Squadron commander's support staff. Airman Cervantes is responsible for coordinating personnel actions between unit administrative sections and the military personnel flight while overseeing squadron leave monitoring and accounting, enlisted and officer performance reports along with awards and decorations. Airman Cervantes is the squadron's focal point for the Air Force fitness management system, unit sponsorship program, government travel card program, legal readiness program, Pacific Air Force's cares program, return and reunion monitor, sponsor program monitor and duty status reporting. She updates personnel actions in Personnel Concept III and the Military Personnel Data systems and manages updates in the unit personnel management roster. Additionally, she creates and maintains unfavorable information files and unit operating instructions. “Airman Cervantes hit the ground running upon arrival to Kunsan in January 2005. She has already proven herself to be the best of the top members of my squadron, and I rely on her work ethic daily. She absolutely embodies the Air Forces' core values and is a model for all 8th Fighter Wing Airmen. It is with great pleasure that I recommend this superstar for this prestigious award.”

– Maj. John Anderson III
8th Communications Squadron commander

Congress hears testimony on manpower, recruiting

By Staff Sgt. Todd Lopez
Air Force Print News

WASHINGTON — By the end of the year, the Air Force will have reduced its number of personnel to the congressionally mandated limit, said the service's deputy chief of staff for personnel during testimony on Capitol Hill on March 16.

While speaking before the House Armed Services Committee subcommittee on personnel, Lt. Gen. Roger Brady discussed end strength, as well as enlistment bonuses, retention, recruiting and recruit quality.

“We are on target to meet end strength by the end of fiscal 2005,” General Brady said. “We will continue to bring balance to the force through right-sizing and shaping specific career specialties and overall officer and enlisted skill sets.”

The general told lawmakers Air Force officials are using all tools available to help bring down the numbers. Some of those tools include career job reservations, retraining, Palace Chase and the Army's Blue to Green program.

Palace Chase allows Airmen the option of separating from active duty early if they agree to serve in a Reserve position. The Blue to Green program allows Airmen to transition to the Army.

General Brady explained to committee members the Air Force's primary tool for force shaping is retraining. Service officials are attempting to retrain as many Airmen as possible from career fields with overages to those that are stressed, he said.

Legislators asked personnel directors from all services about enlistment bonuses and selective re-enlistment bonuses. They expressed concerns that the individuals who receive them could eventually interpret bonuses as a sort of entitlement.

General Brady explained the im-

portance of bonuses, but said the service has started to limit the number of career fields that receive them.

“This is a dynamic world in the personnel business, and we have to remain competitive,” he said. “We also have to make sure that this doesn't become an entitlements program, and if people in the Air Force think it is, then they have been steadily disabused of that notion recently.”

In the last two years, the Air Force has gone from 44 career fields that get initial enlistment bonuses to only 12, the general said. Additionally, the service recently dropped the number of Air Force Specialty Codes that receive selective re-enlistment bonuses from 62 to 32. The reduction amounts to a savings of \$132 million, he said.

Selective re-enlistment bonuses are used by the Air Force to help retain those people with skills that are highly desired in the civilian world. General Brady said the Air Force needs to retain the ability to adjust SRBs to keep Airmen in those critical fields despite the lure of the civilian job market.

“We have some critical skills we are short in,” he said. “To remain competitive, we need the flexibility to respond rapidly so that we don't pay bonuses we don't need and we do pay those we do need.”

The war on terrorism, officials said, has made it difficult, but not impossible, for some services to achieve their recruiting goals.

Because services have to work harder to meet those goals, some legislators said they fear the standards of quality for new recruits could be ignored and that there would be an impact on the types of individuals allowed into the ranks. General Brady said those fears are unfounded.

“We have not seen an impact at all,” he said. “Our quality has remained high, and this year may be a little higher because we are recruiting for the toughest skills to get.”

Hometown News

Doing something outstanding
at work?

Let newspapers back home know.

Go to the Kunsan at www.kunsan.af.mil and fill out a hometown news release.

Need a taxi?

Call 782-4318

Have suggestions or concerns regarding the taxi service?

Call Ms. Yvonne Crouch, 782-4415

A survivor's story —

Airman tackles adversity, takes road less traveled, learns valuable life changing lessons

By Airman 1st Class Juanika Glover
8th Fighter Wing Public Affairs

Everyone has a story. It's the unique history of each life that sets them apart from all others. A lot of stories are similar: the first day at kindergarten, high school prom, marriage, children, retirement and grandchildren.

Then there are stories that don't follow the normal paths, yet the people who take these roads still somehow seem to turn out all right.

For Staff Sgt. Michelle Jeffries, 8th Services Squadron assistant community center director, the path that brought her into the Air Force was a bumpy ride at best.

"My parents separated when I was two years old. My young mother couldn't take care of my three siblings and me, so she abandoned us when I was a toddler."

Sergeant Jeffries said her mother left them in a trailer and called child protective services to report the incident.

"She watched by the pay phone as we were taken away," said Sergeant Jeffries. "I spent the next five years in and out of foster homes. Then I was adopted at the age of nine and reunited with my siblings."

Unfortunately, Sergeant Jeffries was adopted into a dysfunctional family which didn't provide her with the stability she needed.

At 17, she moved out with some friends. At 18, she graduated with honors from Kecoughtan High School in Hampton, Va., with a science scholarship. After school, she decided to join the Marines.

However, her first military career ended quickly during basic training when she found out her brother committed suicide. Sergeant Jeffries left the Marines and decided to try again later.

"After my brother's death, I searched for my father and found out he was stationed at Castle Air Force Base in California," she said. "He had been searching for us as well and had no idea we had been abandoned. My father and I clicked instantly and bonded. We had so much in common."

Sergeant Jeffries spent the next couple of years working hard but barely made ends meet. She decided to move back to Virginia but shortly got involved with the wrong crowd. As young people sometimes do, she followed her peers and got into trouble.

"I thought about my dad and decided to join the military again. I wanted my father to be proud of me and I wanted to show him I could get my life back together," the sergeant said.

This time, the staff sergeant decided she'd check out the Air Force.

"I wanted the stability the



Photo by Senior Airman Katrina Shellman

Staff Sgt. Michelle Jeffries, 8th Services Squadron assistant community center director, goes over the latest services squadron event promotions with a services civilian. Throughout her life and career, Sergeant Jeffries faced hardship to include the loss of loved ones, abandonment and job difficulties. However, with the help of mentors and senior leaders who have given her a chance she has overcome many obstacles and made a big come back.

military provided because the civilian world wasn't cutting it for me or for the goals I wanted to achieve," she added.

Sergeant Jeffries spent the next few years working at Schriever Air Force Base, Colo., and later transferred to Malmstrom AFB, Mont. But her bright light began to dim when she found out she might have cancer. Sergeant Jeffries paid numerous visits to the Mount Zion Cancer Research Center before being told everything was going to be okay. The prognosis: She was cancer free.

While working through the stress of the cancer scare, Sergeant Jeffries was also working in what she calls a 'hostile' work environment.

"That point in my life was the beginning of what became the initial build up of bad things to come. I ended up getting what I thought was a 'career ending' enlisted performance report," she said.

Along with the negative EPR, Sergeant Jeffries also received a nonjudicial punishment in early in 2002.

"You name it, I've received it and it sure educated me," she said. "I was finally convinced that life just wasn't going to be easy for me and I thought my career was over. I took it very hard. I became severely depressed and was started on a medication that did more damage than good."

Things began to turn around for Sergeant Jeffries when Senior Master Sgt. Darlene Johnson, at that time the 341st Services Squadron superintendent, entered her life.

"I was an emotional wreck, but she saw my potential and took a risk," the staff sergeant said. "She took the time to really listen and helped me find my inner strength through the worst of personal and professional times."

Through guidance and mentorship, Sergeant Jeffries began to bounce back. During that time, Sergeant Johnson selected Sergeant Jeffries to deploy as part of her team to Pakistan. During her time in the country, she had the opportunity to set up tours for celebrities like Robin Williams.

"It was truly the highlight of my career," she said. In 2003, she decided to leave the 341st SVS and interviewed with the commander of the 564th Missile Squadron for the position of noncommissioned officer in charge of the squadron's missile chefs.

"I knew I had a shaky past, but I told him, 'Sir, I have nowhere to go but up, as I've already been to the bottom.' So he took a chance and hired me, even with the bad EPR and the fact that I had gone up against two people with firewall five EPRs. I think he saw potential in me," she said.

Sergeant Jeffries didn't let her commander down. Following her new assignment, she earned NCO of the year for the 564th MS in 2003. She was a nominee for Air Force Space Command's chef of the year award. At Kunsan, she has since won the 8th Services Squadron and 8th Mission Support Group NCO of the quarter awards.

Unfortunately, Sergeant Jeffries suffered the loss of three family members while she's been

at Kunsan. Through it all, she manages to bounce back.

"I'm a survivor," she said. "Some days are harder than others, but every day I'm glad I didn't give up and get out. All the ups and downs in my life have made me a stronger person today. I'm 32 now and there were times I swore I would never see 30."

Because of her experiences, Sergeant Jeffries says she can relate to her troops and provide them with sound advice for their futures.

"I now know life is all about the choices you make and not the choices other people make for you," she said.

Currently, the bad EPR Sergeant Jeffries received three years ago is up for review. She hopes it will be removed from her record, but it's something she doesn't dwell on. She also eventually found her mother and was able to forgive her for abandoning her as a child.

"My life at times has been anything but secure, but being in the military has changed all that. I enjoy having goals again because it keeps me focused," she said.

Sergeant Jeffries said she often reflects on a favorite quote that she feels suits her and her life.

"Don't judge a book by its cover because you never know what each chapter holds."

Editor's note: In honor of Women's History Month, this is the first story in a two part series highlighting outstanding female Wolf Pack members who managed to have successful Air Force careers through adversity.

Today

Pre-Separation - The family support center offers a pre-separation briefing each Friday for members about to separate or retire from 9 to 10 a.m. in Building 755, Room 215. To register, call 782-5644.

Personal Financial Management Program brief - The family support center offers a PFMP briefing for senior airmen and below attending newcomers' orientation from 3 to 4 p.m., in Building 755, Room 215. For more information, call 782-5644.

Free food night - The Loring Club offers Taco bar from 6 to 9 p.m. for club members.

Karaoke - The Falcon Community Center offers karaoke from 8 p.m. to midnight.

Saturday

Country night - The Loring Club offers a Country night in the ball room beginning at 7 p.m.

Paint ball - There will be open play paintball beginning at 10 a.m., at Wolf Pack Park.

301 tourney - The Falcon Community Center offers a 301 dart tournament beginning at 7 p.m.

Walking tour - The family support center offers a Eunjeok Temple and Gunsan Lake walking tour from 9 a.m. to 4 p.m. Bring 20,000 Won for local bus fare, lunch and incidentals. Call 782-5644 to register.

9-Pin No Tap bowling - The Yellow Sea Bowling Center offers 9-pin No Tap bowling beginning at 6 p.m. Entry fee is \$15.

E-Mart trip - The Falcon Community Center hosts a shopping trip to E-Mart in Kunsan City. Buses depart the base at 10 a.m., noon, 2 and 4 p.m. Buses return to base at 1, 3 and 6:30 p.m. The cost is \$2. For more information, call 782-4619.

Sunday

X-Box tourney - The Falcon Community Center offers a Madden 2004 tournament beginning at 3 p.m.

Park tour - The Falcon Community Center offers a trip to Mt. Naejang National Park and Kumsan-sa Temple. For more information, call 782-4619.

Super Bingo - The Loring Club offers Super Sunday Bingo with a \$1,000 giveaway.

Bowling special - The Yellow Sea Bowling Center offers \$1 games and 75-cent shoe rental all day.

Sunday brunch - The Loring Club offers Sunday brunch from 10 a.m. to 2 p.m., cost is \$11.95 for club members.

Monday

Nifty Fifty - The Yellow Sea Bowling Center offers 50-cent bowling and shoe rental.

9-Ball tourney - The Loring Club offers a 9-Ball tournament beginning at 7 p.m.

Pizza and beer - The Loring Club offers \$1 longnecks and 50-cent slices from 6 to 8 p.m.

Triple feature - The Falcon Community Center offers triple feature movie madness beginning at 7 p.m.

Tuesday

\$2 pitchers - The Loring Club offers \$2 pitchers and Kun Burgers from 6 to 8 p.m.

Cooking class - The family support center offers a cooking class from 11:30 a.m. to 1 p.m., at the Sonlight Inn. Call 782-5644 to register.

Kunsan Hold'em - The Loring Club offers a buffet and Texas Hold'em tournament beginning at 5 p.m.

Ladies night - The Yellow Sea Bowling Center offers free bowling for ladies beginning at 6:30 p.m.

Open chess - The Falcon Community Center offers open chess play beginning at 7 p.m.

Wednesday

Free food night - The Loring Club offers super social hour featuring sloppy joes from 6 to 8 p.m. for club members.

Cheap bowling - The Yellow Sea Bowling Center offers 75-cent bowling all day.

Karaoke - The community center offers Karaoke from 8 p.m. to midnight.

Sponsor training - The family support center offers a sponsor class from 10 to 11 a.m., in Building 755 Room 215. Call 782-5644 to register.

Return and Reunion - The family support center offers a return and reunion briefing for those about to leave Kunsan from 3 p.m. in the HAWC classroom at the fitness center. For more information, call the family support center at 782-5644.

Thursday

Cricket tourney - The Falcon Community Center offers a Cricket dart tournament beginning at 7 p.m.

Buck bowling - The Yellow Sea Bowling Center offers \$1 bowling all day.

Mongolian barbecue - The Loring Club offers Mongolian barbecue for 50 cents per ounce from 5:30 to 8:30 p.m.

To submit events for 7-Days, send an e-mail to 8 FW/PA WolfPack@kunsan.af.mil. Submissions must include time, date, place, and phone number.

Upcoming Tours

Experience Korea on the following upcoming tours:

- ♦Mt. Naejang National Park and Kumsan-sa Temple Sunday.
- ♦South Gate Market and It'aewon Saturday.
- ♦Pyonsan Beach, Chiskso Waterfall and Neoso-sa Temple Sunday.

For information on these tours call 782-5213.



MOVIE CORNER

Today — “Constantine,” rated R, at 7 and 9:30 p.m.

Saturday — “Constantine,” rated R, at 7 and 9:30 p.m.

Sunday — “Alone in the Dark” rated R, at 6 and 8:30 p.m.

Tuesday — “Alone in the Dark,” rated PG-13, at 8 p.m.

Wednesday — “Closer,” rated R, at 8 p.m.

Thursday — “Closer,” rated R, at 8 p.m.

Chapel Services

Latter-Day Saint - Services are Sunday at 3:30 p.m. at the chapel.

Catholic services - Mass is Sunday at 9 a.m., and every Monday through Thursday at 11:30 a.m. at the chapel. Catholic Reconciliation is by appointment Monday through Friday, Saturday at 4:30 p.m. and Sunday at 8 a.m. R.C.I.A. is Wednesday at 7 p.m. in the chapel conference room.

Protestant services - General Protestant worship service is Sunday at 11 a.m. and the Contemporary Praise and Worship service is Sunday at 6 p.m. Both services are conducted in

the chapel.

Gospel - Gospel services are Sunday at 1 p.m. and the Inspirational Praise and Worship service is Friday at 7:30 p.m. at the chapel.

Sonlight Inn hours - The Sonlight Inn is open every Sunday through Thursday from 6 to 10 p.m., Friday from 6 p.m. to midnight, and Saturday from 6:30 a.m. to midnight.

Sunday School and Bible study - The chapel hosts several schools and Bible study groups at the Sonlight Inn. For more information, call the chapel at 782-4300.

Free Classifieds

X-Box Game: Prince of Persia II in mint condition cost \$30 or best offer. Call 782-0610.

Guitar Equipment: Boss Super Chorus, \$50; Boss PS3 pitch shifter/delay, \$60; PSK 7-band equalizer, \$25; Johnson J-station, \$75; Line 6 AM-4 guitar amplifier with power supply, \$100. Call Scott at 011-676-6480.

Volunteer Opportunities Korean orphanage: Wolf Pack members interested in volunteering at the local Kae Chong Orphanage should call 782-5644.

FSC: The Family Support Center has opportunities both on and off base. Call 782-3772.

American Red Cross: Those interested in volunteering should call 782-4601 for more information.

Wolf Pack Wheels

Monday - Thursday Departs Kunsan at 7:30 a.m. and 1 p.m. and departs Osan at noon and 6 p.m.

Friday Departs Kunsan at 7:30 a.m., 3 p.m. and 6 p.m. and departs Osan at noon and 10 p.m.

Saturday Departs Kunsan at 7:30 a.m. and 10 a.m. and departs Osan at noon and 4 p.m.

Sunday Departs Kunsan at 7:30 a.m. and noon and departs Osan at noon and 5 p.m.

One-way tickets, available at the community center, are \$12.50 for general Wolf Pack members or \$11.50 for the airman morale program, and \$25 or \$23 round trip.

Holy Week Events Catholic

Good Friday Service 5:30 p.m., today
Holy Saturday Mass 8 p.m., Saturday
Easter Mass 9 a.m., Sunday

Protestant

Easter Sunrise Service 7 a.m., Sunday
Combined Easter Service 11 a.m., Sunday
Contemporary Service 6 p.m., Sunday

For more information, call the chapel at 782-4300.

Wolf Pack grab second title

Kunsan women bounce back from early season losses, take second of two major Pacific tournament crowns

By Staff Sgt. Kurt Arkenberg
8th Fighter Wing Public Affairs

After dropping their first eight games during their own Wolf Pack Basketball Classic Tournament in mid-November, the Kunsan women's varsity basketball team turned it around by winning two of the Pacific's oldest and most prestigious tournaments; Osan's 25th Annual Holiday Invitational Tournament and most recently, the 15th Annual Guam March Madness Tournament.

Despite missing key starters, forward Melissa Valdez and guard April Hill, as well as coach Tracy Fields, the Wolf Pack Divas went 7 and 2 in the five-team pool en route to winning the March Madness Tournament Championship.

The entire team dominated, placing five players on the all-tournament team. Led by tourney MVP Amoni Suttice, the Kunsan women took on teams from tournament host Andersen Air Force Base, Guam's Bud Light squad, Korea's Camp Humphreys and Osan Air Base in the five-team field.

"These ladies have come a long way from the beginning of the year," said Melvin Cooper, the men's varsity coach who took the women's squad to Guam. "They play very well as a team and continually step up for one another when someone's having an off night."

"Right now, you'd be hard pressed to find a team that could shut them down."

In addition to the women's contingency, two players from the men's team took the trip to Guam. Darie Watson and Samuel Dixon suited



Courtesy photo

Tournament MVP Amoni Suttice, draws contact as she takes the ball strong to the goal. The Kunsan women's varsity basketball team took home the 15th Annual Guam March Madness Tournament title Saturday.

up for the Camp Humphreys men to help guide them to an undefeated weekend and the tournament title.

MARCH MADNESS RESULTS

♦ Kunsan finished pool play 3 and 1 with its only loss coming from Osan Air Base.

BRACKETPLAY

Kunsan 66, Camp Humphreys 47

Kunsan top scorers: Shanaysha Walker 24, Amoni Suttice 15, Sasha Lewis 13

Kunsan 76, Osan 68

Kunsan top scorers: Amoni Suttice 28, Shanaysha Walker 16, Kim Elliott 16

CHAMPIONSHIP

Osan 66, Kunsan 55

Kunsan top scorers: Amoni Suttice 19, Shanaysha Walker 13

Kunsan 70, Osan 62

Kunsan top scorers: Shanaysha Walker 29, Kim Elliott 14, Amoni Suttice 13

ALL-TOURNAMENT SELECTEES

Amoni Suttice – Tournament MVP
Candecia Harris
Sasha Lewis
Kim Elliot
Shanaysha Walker
Men's selection — Samuel Dixon

Sports Day



Phot by Staff Sgt. Raymond Mills

Competition was fierce and tempers flared during the dodgeball tournament March 18 at the gym.



Photo by Senior Airman Katrina Shellman

Robert Goodman spots a weightlifter at the bench-press competition during the wing sports day.



Photo by Staff Sgt. Raymond Mills

ABOVE: Wolf Pack members battle it out on the volleyball court at the Wolf Pack Fitness Center March 18. **RIGHT:** Derrick Weyand, 8th Security Forces Squadron, races the clock and knocks out a few more sit-ups while Christopher Caldwell, 8th SFS, helps out by stabilizing his feet. The sit-up competition was part of the wing sports day.

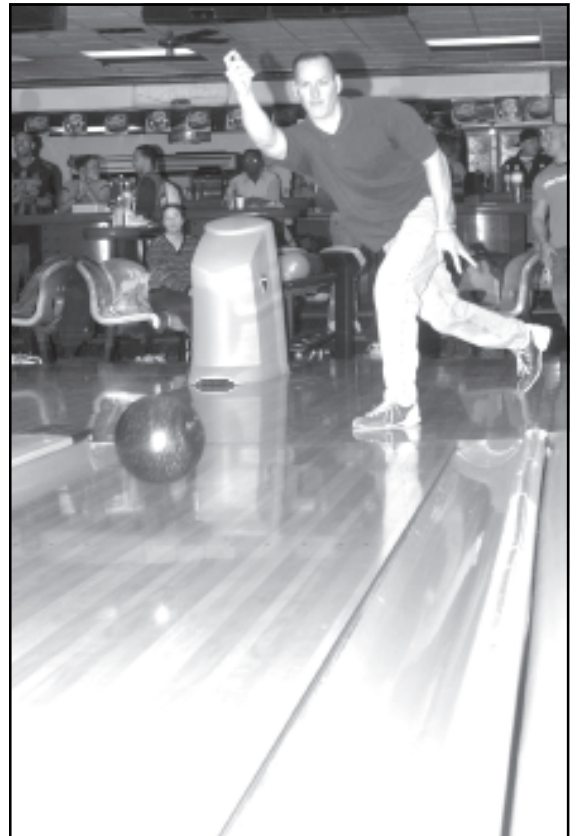


Photo by Senior Airman Katrina Shellman

Raymond Gee, 8th Fighter Wing, holds his best 'Ernie McCracken' follow through during the wing sports day competition here March 18 at the Yellow Sea Bowling Center.



Photo by Senior Airman Katrina Shellman

Women play vital role in Wolf Pack mission



Photo by Senior Airman Katrina Shellman

Senior Airman Sasha Lewis, 8th Maintenance Squadron armament systems specialist, puts the finishing touches on the access unit of an M61A1 Gun. On her job, Airman Lewis provides the tools needed to complete inspections and electrical checks for aircraft equipment. During her off time, she plays basketball for the women's varsity basketball team and has dreams of becoming a physical therapist one day.



Photo by Airman 1st Class Juanika Glover

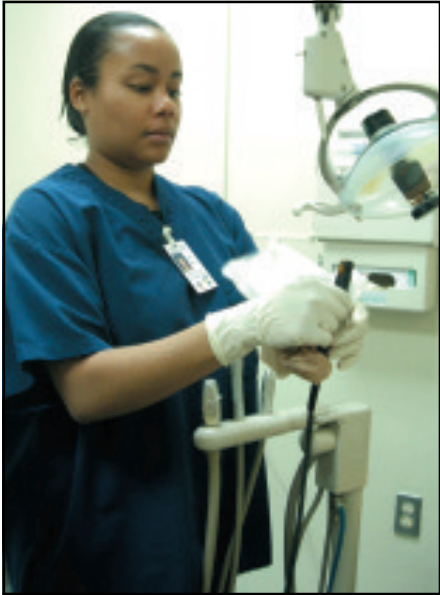


Photo by Airman 1st Class Juanika Glover

ABOVE: Airman 1st Class Maronda Staples-Luckett, 8th Medical Support Squadron pharmacy technician, restocks medicine in the pharmacy. Airman Staples-Luckett joined the military three years ago in the hopes of getting into the medical field. She plans to remain in the military and become a pharmacist through one of the Air Force's commissioning programs. **LEFT:** Staff Sgt. Francis Gerald, 8th Medical Support Squadron dental journeyman, prepares dental equipment for an upcoming appointment. Sergeant Gerald came into the Air Force to become a dental assistant. She has dreams of becoming a dentist one day and is attending school to make her dream a reality.



Photo by Airman 1st Class Juanika Glover

Private 1st Class Samantha Gessler, American Forces Network broadcaster, does the Wolf Pack morning show. Private Gessler has been in the Army for one year. She had her own radio show as a college student at Slippery Rock University, Pa., and joined the Army to continue her job as a broadcaster.



Photo by Staff Sgt. Kurt Arkenberg

Senior Airman Lonye White, 8th MXS precision measurement equipment laboratory technician, repairs a power meter calibration system. During her three and a half years in the Air Force, Airman White has spent the majority of her time repairing electrical equipment and missile test sets.



Photo by Senior Airman Katrina Shellman

Airman 1st Class Chantel Childs, 8th MXS munitions systems journeyman, performs an alternate duty as one of her units physical fitness monitors. She spends her off duty hours attending the University of Maryland in hopes of becoming an accountant one day.